



Rowlands Castle

Idsworth Down

10k or 13.5k Walk

Route Description

This is a mostly off road walk along footpaths and bridleways along the ridge towards Chalton, returning along the valley through Idsworth. The walking is quite easy with the uphill in the first half. The route follows some sections of the Staunton Way. A shorter option cuts across to Idsworth but misses the open vista of Chalton Down. Chalton has a public car park by The Red Lion for a one way option.



km	Dir	Type	Leg Notes	Total	Landmarks	Dist	Look
0.1	←	Left	Bowes Hill	0.1	SP Railway station	150m	Right
0.1	→	Right	Uplands Road	0.3	Footpath – yellow arrow		
0.3	←	Left	Across green	0.5	Footpath between houses		Left
0.3	→	Right	Wellsdown Lane	0.8	Tarmac		
0.1	←	Left	By cottages	0.9	Ignore FP on Rhs	1.9	Left
0.3	↑	Straight	Through gate	1.0	Bridleway – blue arrow		
1.0	←	Left	Treadwheel Rd	1.8	Road – take care no footway		
0.4	→	Right	Footpath through field	2.3	Opp Woodhouse La		Right
0.7	←	Left	South lane	3.0			
0.1	→	Right	Footpath behind hedge	3.1	Up to Idsworth Down – Nine Bronze age burial mounds.	5.0	Left
2.1	↑	Straight	Chalton Down – Tumuli - Mound to L of path	5.2	Optional R - 10.3 route - bdlwy to Idsworth Church	5.2	Right
1.0	→	Right	Path X rds - over hill	6.1	Optional SO to Chalton CP	6.1	Straight
0.2	→	Right	Down slope Chalton La	6.3			
0.1	↑	Straight	Cross railway bridge	6.4		6.4	Straight
0.2	↑	Straight	X rds Cowdown La	6.6			
0.7	→	Right	Footpath	7.3			
1.4	↑	Straight	Cross Idsworth La	8.7			
0.2	↑	Straight	Follow path	8.91	E of St Huberts - built c1053	9.0	Right
1.2	←	Left	To South Holt Farm	10.1			
0.2	→	Right	On Farm Road	10.3			
0.7	→	Right	X rds unmade rd	11.0			
0.3	→	Right	Finchdean Rd	11.3	S. on Footway, Lhs of road		
0.4	←	Left	Footpath	11.7			
0.4	→	Right	Footpath junction	12.1			
0.1	↑	Straight	Through gate	12.2			
1.3	↑	Straight	Cross field (Livestock)	13.5	Back to RC		

Facilities. Public toilets in the Recreation Ground opp. Village Hall, Links Lane.

Staunton Way. <http://www3.hants.gov.uk/staunton-way.pdf> to download guide & map.

St Huberts. Left behind when the railway displaced the manor house. Has 14th century wall paintings.

Route & photography by David Mitchell.